

**Traveling from Johnson City**, take highway 11E north towards Bristol. You will pass the race track on your right, then roughly 1.5 miles you will pass Walmart on your left. Approximately a ½ mile more & you will pass Daylight Doughnuts on your left, then the road will fork & Highway 11E goes toward the left & if you stay to the right this will put you on Bluff City Highway. Stay to the right to get on Bluff City Highway. You will very quickly come to a traffic light and see Nevada Bob's Discount Golf shop on the right, continue straight through this traffic light. Then about a ½ mile down the road you will pass Glennwood Cemetery (it is on both sides of the road). Right after the cemetery there are a couple of very small apartment buildings (white), then will be a brick building on your right with a sign that says "Family Dentistry-Myron Wilson DDS". This building is the same location as Waterfalls of Wellness Healing Center. (739 Bluff City Highway) You will enter through the door on the lower left portion of the building.

**Traveling from Kingsport**, take Highway 11W towards Bristol, (or 81 North) then take Hwy 394 through Blountville and out towards the race track. Travel roughly 7-8 miles on 394 then it will intersect with Highway 11E, take 11E towards Bristol & past the Race Track. Then roughly 1.5 miles after the track you will pass Walmart on your left. Approximately a ½ mile more & you will pass Daylight Doughnuts on your left, then the road will fork & Highway 11E goes toward the left & if you stay to the right this will put you on Bluff City Highway. Stay to the right to get on Bluff City Highway. You will very quickly come to a traffic light and see Nevada Bob's Discount Golf shop on the right, continue straight through this traffic light. Then about a ½ mile down the road you will pass Glennwood Cemetery (it is on both sides of the road). Right after the cemetery there are a couple of very small apartment buildings (white), then will be a brick building on your right with a sign that says "Family Dentistry-Myron Wilson DDS". This building is the same location as Waterfalls of Wellness Healing Center. (739 Bluff City Highway) You will enter through the door on the lower left portion of the building.

**From Abingdon or interstate 81**. Get off Interstate 81 at Exit 3 in VA. This becomes Commonwealth Avenue, stay on this and cross over State Street into Tennessee where the road will become Volunteer Parkway. Stay on Volunteer Parkway for about a mile or mile & ½ you will pass McDonald's on the right (think about getting in the left lane here). Shortly after McDonald's you will come to a traffic light and will turn left onto Lavinder Lane. (there is a First TN bank on the opposite corner). Stay on Lavinder Lane to next traffic light then turn Right onto Bluff City Highway. Stay on Bluff City Highway, and almost immediately after you'll pass the TN National Guard Building on the left, then some other small office buildings, then Philadelphia Grill. The next building on the Left after the Philadelphia Grill will have a sign that is prominent that says "Family Dentistry, Myron Wilson, DDS". This building is the same location as Waterfalls of Wellness Healing Center. (739 Bluff City Highway) You will enter through the door on the lower left portion of the building.